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INSTRUCTIONS FOR ULTRASOUNDS AND UROFLOWS

1. **RENAL ULTRASOUND** - the visualizing of the kidneys with an ultrasonic probe. This is painless and requires no special preparation for the examination.
2. **BLADDER OR PELVIC ULTRASOUND** - the visualization of the bladder and its contents with the Ultrasonic probe. For proper visualization, the bladder needs to be full of urine for a good examination.
You will be asked to arrive in the office with a full bladder, NOT to the point of distress. ***Please drink 24oz 1 hour prior to your scheduled appointment time.***
3. **FLOW RATE WITH POST-VOID RESIDUAL** - this study is essentially two studies combined. The first is a flow rate in which you are required to come to the office with a full bladder. Prior to voiding, the capacity of the bladder is measured with ultrasound to determine its volume. You will then be asked to void into a receptacle, which will measure the flow rate. The bladder will then be re-inspected and examined with the ultrasound probe to determine your residual volume. The only preparation needed is to arrive with a full bladder. You should **be done drinking 24oz 1 hour prior to your scheduled appointment time.** ***If you cannot drink the 24oz prior to your appointment time, you must arrive at least 1 hour early to drink here.***

Your ultrasound appointment is scheduled on _____ at _____.

****If your procedure requires a full bladder and you arrive without a full bladder at your appointment time, you may be asked to reschedule the procedure.***

Please schedule a follow up appointment to review the results of your ultrasound or uroflow with:

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