



Robert R. Hart, M.D.  
Anthony R. Vara, M.D.  
Jonathan M. Mobley, M.D.

## CYSTOSCOPY

The procedure of cystoscopy is one in which the interior of the bladder is inspected. This is done by the insertion of a very small fiber optic tube through the urethra, or the tube that leads to the bladder, and then the bladder is filled with water. This allows complete surveillance of the entire surface area of the bladder, and the prostatic channel as well, to assess how large the prostate gland is.

This procedure is done in the office. You are placed in a modified reclined position. Lubrication is placed on the scope and it is advanced quite easily through the urethra. In women that have such a short urethra, the discomfort is exceedingly small. In men, there is a small amount of discomfort that is appreciated as it passes through the prostatic channel. This examination in total takes approximately two to three minutes to complete.

The risks and complications for this procedure are bleeding and infection both of which are exceedingly small. Usually, antibiotics are given after the procedure, and in some cases, before. Therefore, if you have any heart valvular problems or mitral valve prolapse, please discuss this with your doctor prior to the procedure so appropriate antibiotics may be given prior to the examination. **It is also important to examine your urine prior to the procedure to assure that no infection is present at that time, because if there is, then the procedure would be cancelled.** Since this requires no anesthesia, you certainly may return to your normal activities after this procedure.

If you have any further questions, please do not hesitate to inquire about them upon your arrival in the office for the procedure.

Your Cystoscopy is scheduled on \_\_\_\_\_ at \_\_\_\_\_.

**If you are unable to make the appointment, kindly give 24 hours' notice to avoid a no-show charge.**

3700 Joseph Siewick Drive, Suite 101  
Fairfax, Virginia 22033  
Phone: (703) 698-1856  
Fax: (703) 207-0843  
[www.fairoaksurology.com](http://www.fairoaksurology.com)